



DISCOVER MONROE WEST outside the lines MONROE

[illegible]

The image shows four vintage WC set boxes arranged in a row. Each box features a photograph of the player and text indicating the set's contents and edition.

- Ted Allen:** 1st Edition, Colorado, Men's WC Set, 50-Time World Champion.
- C.C. Davis:** 2nd Edition, Ohio & Missouri, Vintage Era Set, 50-Time World Champion.
- Sue Gillespie:** 1st Edition, Maryland, Women's WC Set, 2-Time World Champion.
- Glen "Red" Henton:** 1st Edition, 1977 Tourist Cup, Contender's Set, 2472 HOF.

RD, STATE OFFICERS & SANCTIONED LEAGUE MEETINGS

The Regional Director and State Officers Meeting will be held on Friday July 23, 2021 beginning promptly at 2:00 p.m. in the Event Center Exhibit Hall (Shoe Check Building).

STAT ROOM

You can sign up to keep score and judge at the NHPA Stat Room office. You can earn \$15.00 per shift. Sign up sheets are on the table outside of the Stat Room, located in the main isle of Winnemucca Event Center.

If you would like a copy of your tournament results, you will receive a free copy after your 3 day preliminary tournament. If you choose to request a daily copy of your results, the charge will be \$1.00 per copy.

HYDRATE

The NHPA council would like to encourage everyone to stay hydrated. While temperatures can increase to more than 100 degrees, it is important to keep the whole family hydrated while enjoying summer activities. Hydration is particularly important for children, as they have higher water requirements in relation to their body weight than adults.

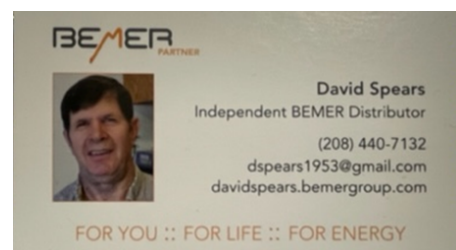
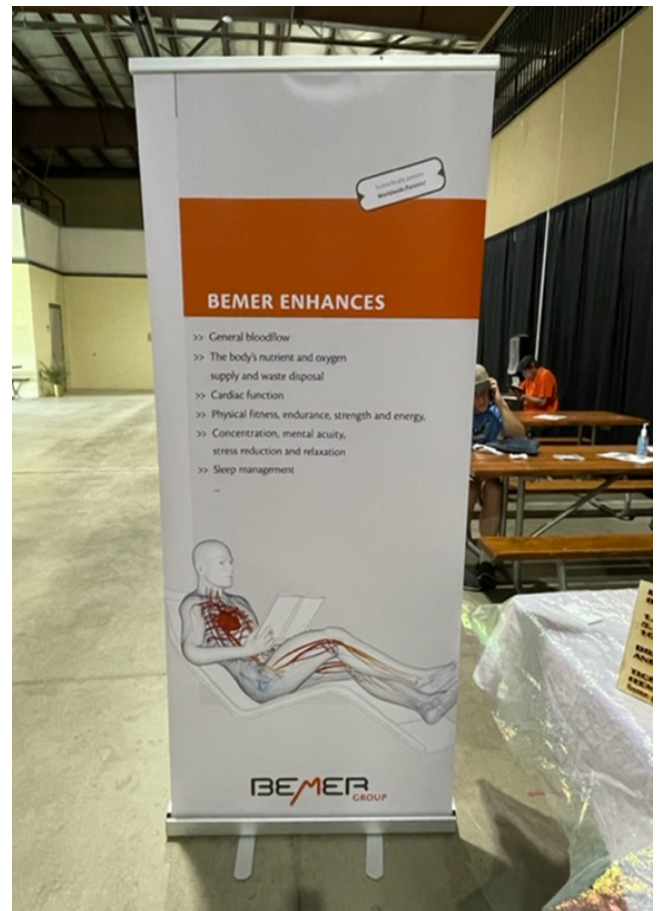
Children don't always recognize the early stages of thirst which can make them particularly vulnerable to becoming dehydrated, especially during times that can drive up their body fluid losses, like when they are playing sports or during warm weather.

Drink up: Do not wait until you are thirsty to start hydrating. Drink two to four glasses of water each hour. If you are exercising for an extended period of time, drink a sports beverage to replace the salt and minerals you lose through sweat. If you are on diuretics, or a low-salt or fluid-restricted diet, talk to your doctor first about your specific fluid needs.

WHAT IS BEMER?

BEMER, which stands for Bio Electro Magnetic Energy Regulation, includes a full-body mat and accessories, and is a revolutionary medical technology that has been shown to stimulate your body's natural systems, to restore your energy, improve your health, and reduce the discomfort of those nagging conditions. Chronic health conditions can cause a wide range of symptoms, including pain, fatigue, and more. Pulsed electromagnetic field (PEMF) therapy has been used as a treatment option to help alleviate the symptoms of some of these conditions.

Stop by David's booth and try out the chairs.



For all of the latest news, "Live Streaming" coverage on the 2021 World Tournament please check out the NHPA website.

<https://www.horseshoepitching.com>